OFFICIAL RACE PROGRAM



PHOENIX MARATHON



WELCOME!

This year marks the inaugural running of the Phoenix Marathon. We are thrilled to open the streets of Phoenix for our runners. With a fast, flat course, stunning desert views, and an unmatched, supportive racing community of all skill levels, the Phoenix Marathon will be an experience like no other. Thank you for joining us as we start a new tradition in the great city of Phoenix! Please take a moment to read the information in this Official Race Guide to ensure that you have the best experience possible.



ON YOUR MARK...

DOWNLOAD THE APP

Want some company while you run?
Download the Phoenix Marathon App and use our "Tour of Phoenix" feature during the race to make sure you don't miss out on anything along the course.
With the app downloaded to your phone, you can listen to your own music as you run and the feature will kick in to tell you about the race as you pass certain points along the course. We'll tell you about upcoming aid stations, turns, points of interest, and tips for tackling certain parts of the course. You'll also hear your splits and updated pace information each time you pass a mile marker.

TRACKING & TIMING

Phoenix Marathon deploys Laurel by Brooksee, the industry's premier timing technology. Laurel delivers real-time tracking updates every mile for all participants. The races will be chiptimed using tags adhered to the back of your bib. Your time will begin when you cross the start line, not at the start gun, so do not worry if you start near the back of the pack. It is important

that you do not cover your bib with clothing or other objects that may interfere with the tag reader when you are crossing the start and finish lines.

Your fan club can receive free text alerts of your progress during the race. Visit the Results & Photos page on the Phoenix Marathon website and use the Tracking link to get your fans signed up.

PARKING & BUSING

Please take a moment to review the Parking & Busing Map for this year's Phoenix Marathon. All runners can utilize the bus service provided by the race to arrive at the start lines. There is ample parking at Phoenix Municipal Stadium. Runners also have the option of being dropped off at the respective start lines. While no parking is permitted or available at the start lines, drop off can be facilitated at each location. For those choosing the bus option and for everyone's safety and to ensure a timely arrival at your start line, please park or make your way to Phoenix Municipal Stadium, where you will then board a bus to your respective start line. Phoenix Municipal Stadium is where the finish line festival will be held. When you complete the race, you'll be right near where you parked your car in the morning. Or, if you used public transportation, you'll be able to return to your previous destination. Please plan to carpool with other runners as much as possible in order to avoid long wait times and congestion in the parking area or at your respective start lines.

RIDESHARE DROP OFF/PICK UP

- Finish Line/Bus Loading & Rideshare Drop Off/Pick up Address: 1667 N Priest Drive, Tempe, AZ 85281
- Marathon Drop Off Address: 3063 Agua Fria Fwy, Phoenix, AZ 85027
- Half Marathon Drop Off Address: 555 W Glendale Ave, Phoenix, AZ 85021
- 10K Drop Off Address:
 4800 N 40th Street, Phoenix, AZ 85018

MARATHON RUNNERS

Marathon buses will depart from 4:45am to 5:30am near the Finish Line Festival area at Phoenix Municipal Stadium. Marathon runners should arrive in the parking area no later than 5:15am. Please follow the signage at the Stadium to find your respective bus loading area.

HALF MARATHON RUNNERS

Half marathon buses will depart from 5:00am to 5:45am near the Finish Line Festival area at Phoenix Municipal Stadium. Half marathon runners should arrive in the parking area no later than 5:30am. Please follow the signage at the Stadium to find your respective bus loading area.





10K RUNNERS

10K buses will depart from 5:30am to 6:15am near the Finish Line Festival area at Phoenix Municipal Stadium. 10K runners should arrive in the parking area no later than 5:45am. Please follow the signage at the Stadium to find your respective bus loading area.

PRE-RACE AREA

Abundant portable restrooms, water, and Gatorade Endurance will be available in the start line staging areas.

After arriving at the start line staging area, all runners must exit their buses upon arrival and bring all of their belongings with them.

GEAR CHECK PRESENTED BY DTPHX Downtown Phoenix Inc.

Each start line staging area will have a gear check service available sponsored by Downtown Phoenix. Before checking their bags, runners should ensure that the bib tear tag that was placed on the handle of their bag during Packet Pickup is still attached to the bag. After the race runners must present their race bib at the DTPHX gear pickup area and volunteers will retrieve the bag with the matching number. The DTPHX gear pick up will be located in the southwest corner of the finish festival area.

All gear should be checked no later than 15 minutes before your respective start time. Due to the walkdown for the half marathon, gear check bags will be asked for 25 minutes prior to the start. It is recommended that extra clothing be removed prior to race start and placed in the gear bags provided by DTPHX. Any clothing that is left in the general staging area or anywhere along the route will be collected and donated to charity. Please do not leave valuable items such as phones, wallets, or car keys in checked bags. The Phoenix Marathon will not be responsible for lost or stolen items.

PACING

Pacers will be lined up in the start chutes next to the large pace markers. They will be holding elevated pace signs to mark their locations. Pace groups will be as follows:

2:55	6:40/mile pace	
3:00	6:52/mile pace	
3:05	7:03/mile pace	
3:15	7:26/mile pace	
3:20	7:37/mile pace	
3:25	7:49/mile pace	
3:30	8:00/mile pace	
3:35	8:12/mile pace	
3:45	8:35/mile pace	
3:50	8:46/mile pace	
4:00	9:09/mile pace	
4:05	9:20/mile pace	
4:20	9:54/mile pace	
4:40	10:41/mile pace	
5:00	11:27/mile pace	
5:30	12:35/mile pace	
6:00	13:44/mile pace	

6:33 15:00/mile pace

HALF MARATHON
1:25 6:29/mile pace
1:30 6:52/mile pace
1:40 7:38/mile pace
1:45 8:00/mile pace
1:50 8:24/mile pace
2:00 9:09/mile pace
2:10 9:55/mile pace
2:20 10:41/mile pace



START CHUTE

Runners will be directed to line up in the start chutes 15 minutes before the race begins.

Marathon runners will line up on N 31st Avenue. Faster pace groups will stage closest to the start line near Yorkshire Drive, and slower pace groups will stage farther north towards Deer Valley Towne Center.

Half Marathon runners will line up on Glendale Avenue just east of Central Avenue. Faster pace groups will stage closer to the start line near 1st Place, and slower pace groups will stage farther west towards Central Avenue.

10K runners will line up on the Arizona Canal Trail, just beyond 40th and Camelback Road. Faster pace groups will stage further south on the trail closer to the start line, and slower pace groups will stage farther west towards Camelback Road.

Large markers denoting various paces will line each start chute and runners will be directed to queue in the zone which marks their expected pace.

The marathon will begin at 7:00am, the half marathon at 7:15am and the 10K at 7:30am. There will not be waves or fixed corrals.

AID STATIONS

PRESENTED BY FIRE & SERV



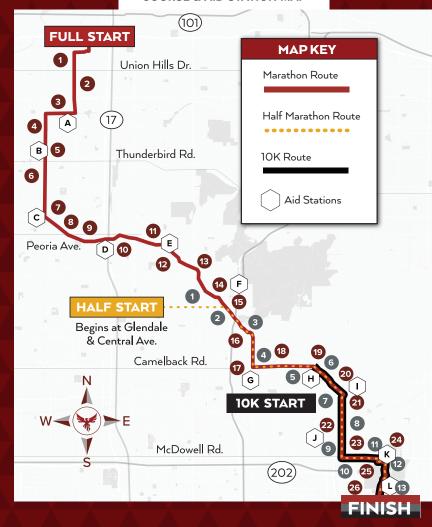
There are 12 aid stations along the marathon course, 7 aid stations along the half marathon course and 4 aid stations along the 10k course. All aid

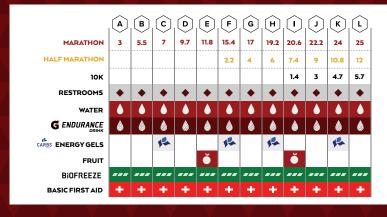
stations will be supplied with Gatorade Endurance, water, portable restrooms, Biofreeze, and first aid. When passing an aid station, runners will always be offered Gatorade first and water second. Certain aid stations will also be supplied with Carbs Fuel 25G Energy Gels and other amenities. Refer to the Aid Station Map for details on exact locations and amenities at each aid station.

In an effort to contain waste and facilitate cleanup operations, runners are asked to discard trash and shed clothing as close as possible to an aid station rather than elsewhere along the course. Any clothing that is shed along the course or at an aid station will be collected and donated to charity.



COURSE & AID STATION MAP





MEDICAL & SAFETY

There will be ambulances staged at various points along the route to service emergency medical needs. Additionally, each aid station will be equipped with first aid supplies and medical kits. When possible, runners experiencing non-emergency medical needs should continue to an aid station and check in with the aid station director stationed there. If necessary, a SAG vehicle will be dispatched to retrieve the runner and transport them to the Finish Festival. If it is not possible to continue on to an aid station, runners should check in with the nearest volunteer course marshal or police officer at any intersection.

A large medical area will be established at the Finish Festival with trained medical personnel from HonorHealth and local personnel. The medical tent in this area will have basic equipment and supplies. Runners with non-critical needs will be able to use the HonorHealth Recovery tent just outside the runner services area.

There are sections of the course where runners must remain within certain lanes to allow traffic to flow in adjacent lanes. These areas will be marked with cones and runners must always stay within the indicated lane when cones are present. Please follow the directions of volunteer course marshals and law enforcement officers at all times.

CUT OFF TIMES

Marathon runners must maintain the minimum required pace of 15:00 minutes per mile, or four miles per hour. The clock for the cut-off pace will begin when the last runner crosses the start line, rather than at 7:00 when the race begins. Runners who fall behind the minimum required pace must either consent to be picked up by a SAG vehicle, or continue the race by moving to the sidewalk or shoulder and continuing as a pedestrian. Those who elect to continue as pedestrians must adhere to all regular traffic laws and are not guaranteed support at aid stations. They should also memorize the route, as traffic control assets and directional signage will be removed

promptly following the cut-off time. They will still be eligible to receive a finisher's medal. Half marathon runners must maintain the minimum required pace of 30:00 minutes per mile, or two miles per hour.

SPECTATORS

Spectators should always be respectful of private property and not utilize non-public parking at residences or businesses. Those spectating in residential areas should be extremely considerate of noise levels, particularly during the early morning hours.



YOU DID IT!

FINISH FESTIVAL

We are excited to be finishing at Phoenix Municipal Stadium with Papago Park looming to the north. Immediately after crossing the finish line, runners will find themselves in an enclosed Runner Services area where they will receive water, chocolate milk, Siete Chips & Cookies, a That's It fruit bar, fruit and various snacks. Spectators will not be permitted to enter this area and should plan to meet up with their runners in the festival area north and east of the finish line on the grass. Once runners exit Runner Services they will not be allowed re-entry. They should ensure that they have collected their medal and recovery items before exiting.

Runners will be able to collect their free post-race treats by removing the tear tags along the bottom of their bibs. Runners can receive a Creamies ice cream pop, and their choice of an Athletic Brewing, Michelob Ultra beer or an Ole Cocktail Co Cocktail. The aforementioned drinks will be available in the beer garden at the finish festival.



PHOTOS & RESULTS

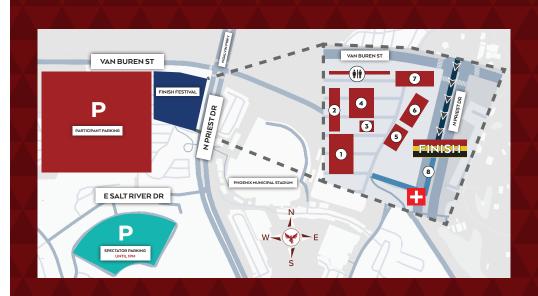
Approximately 3-4 days following the race runners will receive an email to notify them that their race photos are ready. The email will contain a link to view and purchase their photos.

A results tent will be set up near the exit of the Runner Services area. Runners may visit this tent and present their race bib to receive a free result card. Results will also be available on the Photos/Results page of the Phoenix Marathon website as soon as runners cross the finish line.

Awards ceremonies for overall winners will take place near the DJ at the Finish Festival. The 10K awards ceremony will occur at 8:30am; the Half Marathon awards ceremony will occur at 9:00am; the Marathon awards ceremony will occur at 10:00am.



PHOENIX MARATHON FINISH VENUE MAP



- (1) GEAR CHECK
- 2 FOOD TRUCKS
- (3) RESULTS
- 4 VENDORS
- 5 SHOP
- 6 BEER GARDEN
- 7 MUSIC & AWARDS
- 8 FINISH CHUTE/ RUNNER SERVICES
- → MEDICAL
- #III RESTROOMS
- RUNNER'S ROUTE

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