

OFFICIAL RACE PROGRAM



**REVEL CHILLI  
WACK**

**Marathon & Half**

**AUGUST 17, 2019**

AFTERSHOKZ.

POWERADE.

HONEY  
STINGER

goodr

# AID STATIONS



## AID STATION AMENITIES

	A	B	C	D	E	F	G	H	I	J	K	L	M
FULL MARATHON KM	4	7.5	11	15	18	21	25	29	31.5	34	37	38.5	40
HALF MARATHON KM						1.5	4.5	8	10	13	16	18.5	19.5
RESTROOMS	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓
WATER	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓	⚓
POWERADE.	POWERADE.			POWERADE.			POWERADE.			POWERADE.			
HONEY STINGER ENERGY GELS		🍯				🍯		🍯		🍯			
FRUIT				⚓				⚓					
FROZEN TREAT											⚓		⚓
dōTERRA® DEEP BLUE						dōTERRA DEEP BLUE RUB dōTERRA®							
MEDICAL			+			+			+			+	

### DROP BAG

You will receive a race bag when you pick up your packet at the expo. This bag is for you to take to the starting areas. A number that matches your race bib will be attached to your race bag. This is to identify your bag at the finish area after the race, and you will need your bib to prove ownership of your bag when you pick it up. Please carry any belongings to the starting area in this bag, as opposed to any other personal bags, which cannot be identified by your race number. Bags must be placed in the bag trucks at the starting areas at least 15 minutes prior to the race start.

### AID STATIONS

Aid stations will be located approximately every 3km along the course. All aid stations will be supplied with Lemon-Lime Powerade, water, restrooms, and basic first aid supplies. Additionally, various aid stations will be supplied with Honey Stinger, fruit, and medical personnel. The aid station map indicates the locations of each aid station as well as the supplies and amenities available.

# FINISH LINE & SHUTTLE

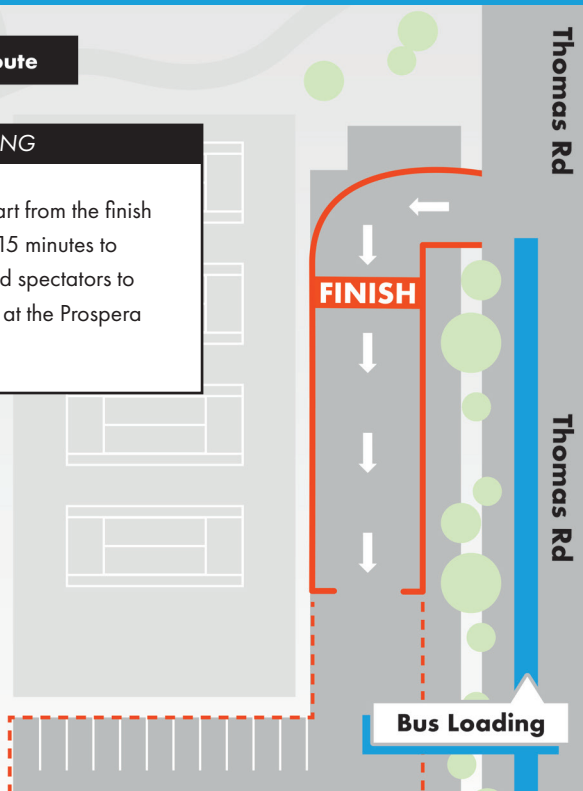
Finish Area Address: **GW Graham Secondary School at 45955 Thomas Rd, Chilliwack, BC V2R 0B5**

## Shuttle Bus Route

### RETURN TO PARKING

Shuttles will depart from the finish area every 10 - 15 minutes to return runners and spectators to the parking area at the Prospera Centre.

  
**GW Graham  
School Complex**



## SPECTATORS

Because of special traffic restrictions that will be in place all along the race course, spectators are NOT allowed to meet up with their runners at any point on the course other than the finish line. Runners whose spectators park along the course or slow their vehicles alongside the course risk disqualification from the race. Please remember that NO PARKING whatsoever is available at the finish line or around the finish area. Any spectators who attempt to access GW Graham

Secondary School will be directed to exit the area and park at The Prospera Centre, 45323 Hodgins Ave, Chilliwack, BC V2P 8G1, with overflow parking at Townsend park. Shuttles will run every 15 minutes to and from the parking race day.

*There will not be an awards ceremony for overall, team or age group winners. All awards can be picked up at the results tent.*

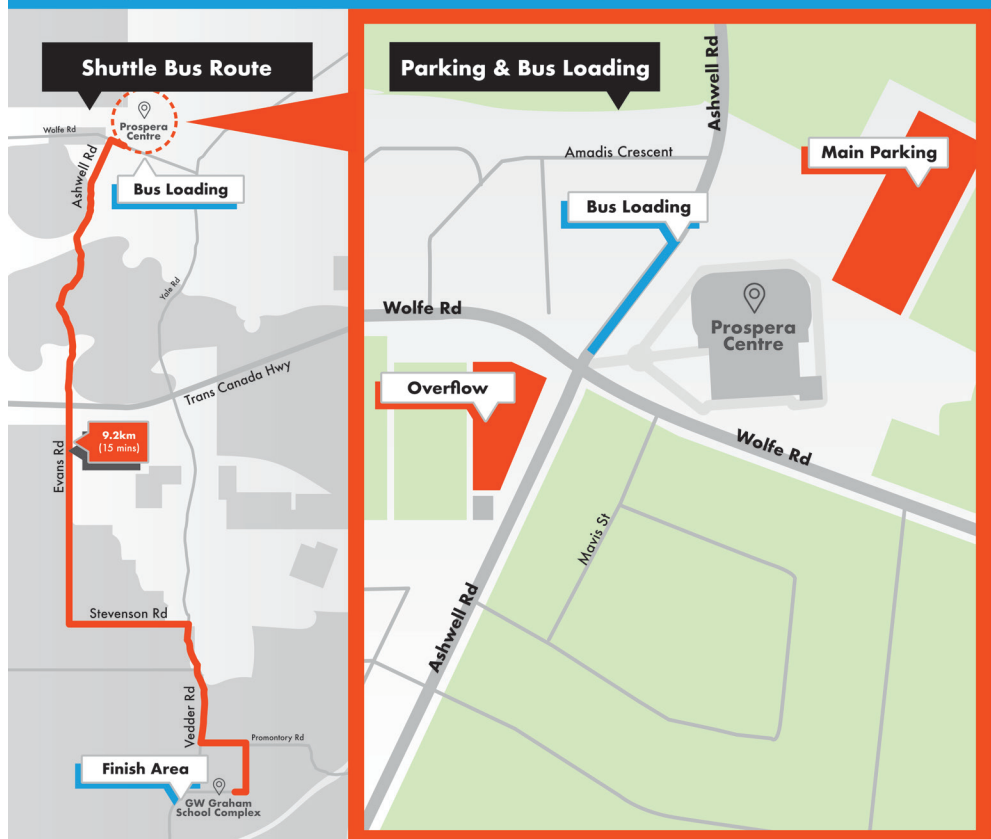
## RACE STARTING TIMES

**MARATHON:** 6:00am

**HALF MARATHON:** 6:00am

# PARKING & BUSING

Parking Area Address: **The Prospera Centre, 45323 Hodgins Ave, Chilliwack, BC V2P 8G1**



## BUSING

Please make sure that you are on time and that you get on the right bus! All buses to the start lines will depart from the race parking area. Full Marathon buses will load and depart from **3:30-4:15am**. Half Marathon buses will load and depart from **4:00-4:45am**. Staff will be on hand to help direct runners and ensure that parking and busing runs smoothly. Estimated travel time is 30-60 minutes depending on your distance. Please plan your bathroom needs accordingly. Porta potties will be available at the start lines.

## PARKING

Participant parking is not available at the finish venue. All designated parking is a short shuttle ride from the finish line (approximately 15 minutes). The address for both marathon and half marathon parking is **The Prospera Centre, 45323 Hodgins Ave, Chilliwack, BC V2P 8G1**. Overflow parking is at Townsend park. Post-race shuttling will run every 15 minutes until 1:00pm back to your designated parking area.

## BUSES TO STARTING LINES *from race parking area*

**MARATHON:** 3:30 - 4:15am

**HALF MARATHON:** 4:00 - 4:45am