

dōTERRA°





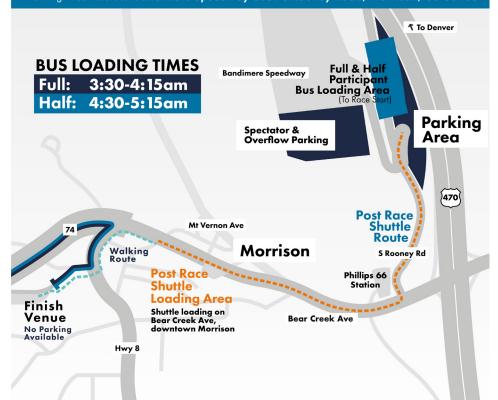




# RACE PROGRAM

## **BUSING & PARKING**

Parking Area Address: Bandimere Speedway 3051 S Rooney Road, Morrison, CO 80465



#### **PARKING**

All participants will park in the Island Lot which is located directly across from Bandimere Speedway (3051 S Rooney Road, Morrison, CO 80465). The best way to arrive is to take the Morrison Road (Highway 8) Exit off of C-470. All participants must take the bus and your bib is the ticket to board the bus. There is no parking at the start lines, and participants may not be dropped off at the start venues in private vehicles.

Spectators may also park at the same location as runners. There will be shuttles, free of charge, circling from downtown Morrison to Bandimere Speedway throughout the day.

#### BUSING

Full and half marathon participants will board buses in the same location. All participants must take the bus and your bib is the ticket to board the bus. There is no parking at the start lines, and participants may not be dropped off at the start venues. Full Marathon buses will load from 3:30-4:15am. Half Marathon buses will load from 4:30-5:15am. Please arrive on time and make sure you board the correct bus.

### **AID STATIONS**



#### **AID STATION AMENITIES**

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FULL MARATHON MILES	3	5	6.5	8.5	11	13	15	17	19.5	21	22.5	23.5	25
HALF MARATHON MILES							2	4	6.5	8	9.5	10.5	12
RESTROOMS	丛	丛	丛	丛	凼	ZL	ZL	ZL	丛	丛	丛	丛	ZL
WATER	凼	凼	丛	丛	ΔL	ΔL	丛	ΔL	丛	丛	凸	丛	ZL
nuun		ָחֲעֶוּ מְעָרֶוּ	μņ		חָתְי	ψņ		ווי	ŲŅ,		ູກຸເ	ıun,	
STINGER ENERGY		8			8		8	8		8		8	
FRUIT				ZL				ДЬ					
FROZEN TREAT											ZL		ZL
dōterra <b>deep blue</b>	döterra deep blue rub döterra												
MEDICAL				+					+			+	

#### **AID STATIONS**

Aid stations will be located approximately every two miles along the course. All aid stations will be supplied with Nuun Endurance Lemon-Lime, water, restrooms, and basic first aid supplies. Additionally, various aid stations will be supplied with Honey Stinger Energy Gels, fruit, a frozen treat, doTERRA Deep Blue and medical personnel. The aid station map indicates the locations of each aid station as well as the supplies and amenities available.

#### **DROP BAG**

You will receive a race bag when you pick up your packet at the expo. This bag is for you to take to the starting areas. A number that matches your race bib will be attached to your race bag. This is to identify your bag at the finish area after the race, and you will need your bib to prove ownership of your bag when you pick it up. Please carry any belongings to the starting area in this bag, as opposed to any other personal bags, which cannot be identified by your race number. Bags must be placed in the bag trucks at the starting areas at least 15 minutes prior to the race start.

## FINISH VENUE

#### NO PARKING AVAILABLE



#### **SPECTATORS**

Spectators will not be allowed on Squaw Pass Road (Highway 103) or Highway 74 between Evergreen and Morrison due to the unique traffic control plans that will be in place for the event. Spectators are encouraged to gather at the finish venue to support their runners.

Alternatively, spectators can choose to support their runners along the Evergreen Parkway portion of the race. Because of closures, the best way to enter and exit the Evergreen area is by using Interstate 70, thus avoiding HWY 74 between Evergreen and Morrison. Runners will be using the easternmost lane of northbound Evergreen Parkway and there are multiple parking areas available along this portion of

Marathon: 6:00am Half Marathon: 6:30am

the route. Please also note that the course runs along Meadow Drive between Evergreen Parkway and HWY 74, thus avoiding the downtown Evergreen strip.

Overall awards, age division awards, and team awards will be available at the results tent at the finish venue. Additionally, all runners are invited to pick up a free personalized keepsake result card at the awards tent. Marathon participants who run a Boston Marathon qualifying time will receive a free "Boston Bound" REVEL luggage tag.